WHAT IS CLAIMED IS:

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A method for forming MOSFETs, comprising:
 providing a substrate having a source region, a gate region, and a drain
region;

forming a silicon-germanium layer in each of the source and drain regions;

forming, in the substrate, a source in the source region and a drain in the drain region;

forming a silicon layer outwardly from the silicon-germanium layer in each of the source and drain regions; and

forming a silicide layer in each of the source and drain regions.

2. The method of Claim 1, wherein forming the silicide layer comprises: depositing a reactive metal outwardly from the silicon layer in each of the source and drain regions;

reacting the reactive metal with at least the silicon layer; and selectively removing non-reacted reactive metal from the substrate.

- 3. The method of Claim 2, wherein the reactive metal is selected from the group consisting of titanium, cobalt, nickel, and tungsten.
 - 4. The method of Claim 1, wherein forming the silicide layer comprises: depositing a reactive metal outwardly from the silicon layer in each of the source and drain regions;

reacting the reactive metal with the silicon layer and a portion of the silicon-germanium layer; and

selectively removing non-reacted reactive metal from the substrate.

5. The method of Claim 4, wherein the reactive metal is selected from the group consisting of titanium, cobalt, nickel, and tungsten.

- 6. The method of Claim 1, wherein forming the silicon-germanium layer in each of the source and drain regions comprises forming, in the substrate, the silicon-germanium layer in each of the source and drain regions.
- 5 7. The method of Claim 1, wherein forming the silicon-germanium layer in each of the source and drain regions comprises forming, outwardly from the substrate, the silicon-germanium layer in each of the source and drain regions.
- 8. The method of Claim 1, wherein the silicon layer has a thickness 10 between approximately 25 Å and 150 Å.
 - 9. The method of Claim 1, wherein the silicon layer has a thickness of approximately 75 Å.
- 15 10. The method of Claim 1, wherein the silicon-germanium layer has a thickness between approximately 200 Å and 300 Å.
 - 11. The method of Claim 1, wherein the silicon-germanium layer is an epitaxial layer.

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12. A method for forming MOSFETs, comprising:

providing a substrate having a source region, a gate region, and a drain region;

forming, in the substrate, an epitaxial silicon-germanium layer in each of the source and drain regions;

forming, in the substrate, a source in the source region and a drain in the drain region;

forming a silicon layer outwardly from the silicon-germanium layer in each of the source and drain regions, the silicon layer having a thickness between approximately 25 Å and 150 Å;

depositing a reactive metal outwardly from the silicon layer in each of the source and drain regions;

reacting the reactive metal with at least a portion of the silicon layer; and

selectively removing non-reacted reactive metal from the substrate to form a silicide layer in each of the source and drain regions.

- 13. The method of Claim 12, wherein the reactive metal is selected from the group consisting of titanium, cobalt, nickel, and tungsten.
- 14. The method of Claim 12, wherein reacting the reactive metal with at least a portion of the silicon layer comprises reacting the reactive metal with the whole silicon layer and a portion of the silicon-germanium layer.
- 25 15. The method of Claim 12, wherein the silicon layer has a thickness of approximately 75 Å.
 - 16. The method of Claim 12, wherein the silicon-germanium layer has a thickness between approximately 200 Å and 300 Å.

- 17. A system for forming MOSFETs, comprising: a substrate having a source region, a gate region, and a drain region; an epitaxial silicon-germanium layer formed in each of the source and
- drain regions;
 - a source formed in the source region;
 - a drain formed in the drain region;
- a silicon layer disposed outwardly from the silicon-germanium layer in each of the source and drain regions; and
 - a reactive metal layer formed in each of the source and drain regions.

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- 18. The system of Claim 18, wherein the silicon-germanium layer in each of the source and drain regions is formed within the substrate.
- 19. The system of Claim 18, wherein the silicon-germanium layer in each of the source and drain regions is formed outwardly from the substrate.
 - 20. The system of Claim 18, wherein the silicon layer has a thickness between approximately 25 Å and 150 Å.